

# Emission Factors (Example Figures)

Factors to calculate carbon footprint based on CO2 Tons vary according to different scientific approaches and assumptions. We use a methodology that is commonly used by businesses worldwide which utilises emissions factors.

Below is an example of emissions factors by provider and mode of transport. This information is offered as a guide only and will not be used to calculate our 2022 offsetting emissions.

## 2020 Asendia Emission Factors:

**Road:** 0.1080

### Air transports:

Air continental 1.8225

Air international 1.1578

## 2020 La Poste Emission Factors:

### Air transports:

Short (0-1000km) 1.6926

Medium (1000-3500km) 1.0717

Long (> 3500 km) 0.5511

### Road:

Calculation based on emission of respective truck.

This methodology has been verified by our offsetting partner Ecoact.

Information correct as of 1st January 2022.